



food

BREAKFAST

croissant breakfast sandwich - vegetarian 7.50

house made butter croissant bun, fried egg prepared to order, spinach, aged cheddar, roasted garlic aioli.

croissant breakfast sandwich - ham 8.50

house made butter croissant bun, fried egg prepared to order, ham, aged cheddar, roasted garlic aioli.

feature strata 5.50

egg, cream, sourdough bread mix with seasonal filling

SMALL PLATES

butter flight 7.50

whipped butter, garlic butter, brown butter, served with honey + sourdough bread

heba's humus 7

house made hummus warmed and topped with butter, toasted almonds, smoked paprika. served with crostini

sausage roll 13.50

house made puff pastry, in the smoke honey garlic sausage, topped with house fermented mustard + side salad w/ house dressing

seasonal salad 7

please ask your server about our current seasonal salad

grain salad 8

please ask your server about our current grain salad

OPEN FACE

caprese on focaccia 12

dlt rosemary focaccia, topped with fresh mozzarella, basil pesto, tomato, balsamic reduction, arugula. served with side salad

roasted zucchini + romesco 12

marinated and roasted zucchini planks, roasted red pepper, kale pesto, house made romesco, pea shoots, on niagara sourdough. served with side salad

SANDWICHES

pressed aged cheddar grilled cheese 12

aged white cheddar on niagara sourdough. served with house-made ketchup and side salad

pressed buffalo chicken grilled cheese 13.50

shredded chicken tossed with buffalo sauce, cream cheese, and mozzarella on smoked barley sourdough. served with side salad

roasted sweet potato (v) 13

cumin roasted sweet potato, topped with hummus, pickled carrot, horseradish, cucumber, greens and tahini dressing on multiseed sourdough. served with side salad

chickpea salad (v) 14

chickpea salad topped with spinach and radish micro-greens on potato sourdough. served with side salad

dlt blt 14.50

double smoked bacon, heirloom tomato, greens and house-made garlic aioli, on smoked barley sourdough. served with side salad

"in the smoke" 16

in the smoke ham, buffalo summer sausage topped with arugula, tomato, pickled onion, house-made fermented mustard and chipotle aioli., on potato sourdough. served with side salad